

Necessary Questions To Ask Before You Join A Health Club!

Membership

How much does the membership cost?
Are you offering any specials?
How much does it cost to join?
Is there an initiation fee?
Will this be a month to month contract?
Is it less expensive to pay a year in advance?
Is there a contract I need to sign? If so, how long is the contract for?
Is there a penalty fee if I break the contract? If so, how much is the fee?
Could I try the club out before I join?

Staffing and Hours

Is staff onsite? If so, what hours?
What are the club's hours?

Temperature

Is there A/C? If so, what temp is each room set at?
Are there large fans? Are the fans cleaned regularly?
Is there significant air flow in the room where classes are held?

Classes & Personal Training

What kind of classes do you have and is there a separate fee?
Do you have personal trainers? If so, how much experience do they have?
Is there a PT fee?

Equipment

What kind of equipment do you have?
How often is the equipment serviced?
Does each piece of equipment get cleaned daily?
How old is your equipment?
Is there a time limit on using the cardio equipment?

Miscellaneous

Will there be any improvements made to this club? If so, what kind?
How long has the gym been in business?
What's your guest policy?
What time does the gym get crowded?
Are there lockers and showers?